RULES TO RIDE BY

- **DON'T RIDE AGAINST TRAFFIC**
  Drivers can see cyclists better when they're going with the flow of traffic. It's also the law.

- **WATCH FOR CARS PULLING OUT**
  Drivers AND cyclists need to be aware of their surroundings so that everyone stays safe on the road. Don't assume that a driver sees you!

- **FOLLOW LANE MARKINGS**
  The lane markings help you to anticipate a turn, a stop light and other traffic signals.

- **BE MINDFUL OF YOUR SPEED**
  You are less likely to be in a serious accident if you're riding slower.

- **RESPECT PEDESTRIANS' RIGHTS**
  Giving pedestrians the right-of-way keeps everyone safe.

- **MAINTENANCE**
  Maintain your bicycle in good condition at all times. This will prevent unnecessary accidents.

- **WEAR A HELMET**
  Wearing a helmet can prevent serious injury and even save your life.

- **LIGHTS/REFLECTORS**
  Put lights on the front of your bicycle and reflectors on the back for night-time cycling.

- **HAND SIGNALING**
  Using hand signals lets other cyclists and drivers know which direction you’re planning to go.

BIKE TRAIL CLASSIFICATIONS

- **CLASS I BIKE PATH**
  Off-street facility for cyclists, joggers, and walkers; similar to the American River Parkway Trail

- **CLASS II BIKE LANE**
  Striped lane that provides space for cyclists on a street

- **CLASS III BIKE ROUTE**
  Low-traffic street where cyclists are encouraged with bike route signs

BIKE, BUS, RAIL
YOUR TICKET TO EASY COMMUTING

Sacramento Regional Transit (RT) has made it easy for bicycle commuters to continue their trip on Bus or Light Rail.

- RT buses including the Rancho Cordovan are equipped with bike racks.
- Older light rail trains reserve space for bikes in the rear or front of the car next to the flip-up seats. The new CAF light rail trains have bike racks.
- Bike lockers are located at 19 light rail stations for those who prefer to leave their bikes.

Bikes are welcome on RT buses, the Rancho Cordovan, and light rail at any time of the day. For more information on biking and using RT, visit [www.sacrt.com/biking.stm](http://www.sacrt.com/biking.stm).

PREVENT BICYCLE THEFT

Make sure you're locking up your bike to a “fixed” mechanism, whether it’s a bicycle rack, a pod or a light post. Your bicycle should be locked somewhere that’s lit and visible.

Get a good bicycle lock! U-locks work the best, but they must be secured to a legal, fixed object from the bicycle frame. You can also use a heavy duty chain with case-hardened links and a sturdy lock.

Be sure to take a picture of your bike and write down the serial number for a quicker recovery should it ever get stolen.

BIKE MAP

Bicycling commuting to work, school or even running your daily errands can be a less expensive, healthier and fun transportation choice rather than using your car. The City of Rancho Cordova has a few different programs that make it easier for you to bicycle commute. For more information visit [bikes.cityofranchocordova.org](http://bikes.cityofranchocordova.org).

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IMPORTANT WEBSITES AND ORGANIZATIONS:

- **Bicycle Advocates for Rancho Cordova (BARC)**
  A group dedicated to improving bicycle facilities in Rancho Cordova

- **Bike Safe California - bike semiclassical.org**
  Safety tips, bicycle safety classes and bicycling resources

- **Sacramento Wheelmen - www.sacwheelmen.org**
  Nonprofit organization for cycling and cycling-related activities

- **Sacramento Bike Hikers - www.bikehikers.com**
  The oldest continually active bicycle club in the Sacramento area, focused on touring and recreational cycling