

March 18, 2020

Dear Rancho Cordova Residents and Businesses,

On March 17th, Sacramento County issued a “stay at home” health directive in response to the coronavirus. What does this mean for us here in Rancho Cordova?

This directive is a serious response to a serious situation. I cannot emphasize enough that in order for us to mitigate the spread of coronavirus, each one of us has a responsibility to follow this important health directive.

The directive emphasizes the following:

- **Workplaces:**
 - Workplaces and businesses should implement telecommuting and teleconferencing for their employees, where appropriate and feasible.
- **Vulnerable Populations:**
 - Those aged 65 and older and/or those with chronic health conditions should stay home and away from gatherings.
- **Less Vulnerable Populations:**
 - All those at lower risk should stay home to the maximum extent possible except when going to essential sites, such as health care facilities, grocery stores, pharmacies, gas stations and other essential sites listed in the directive.
- **Gatherings**
 - There should be no gatherings in any formal setting.
 - All bars, wineries and brew-pubs, in-dining at restaurants, gyms, bingo halls and card rooms should close. Food take out and home delivery (with social distancing) may continue.
- **Schools:**
 - All Sacramento County schools are closed.
- **Sick Persons:**
 - If you are sick, stay home for at least 72 hours after symptoms resolve, or 7 days from when symptoms began, whichever is longer.
 - If you live with someone who tests positive for COVID-19, stay home for 14 days.
 - Those with cold-like symptoms who can manage their symptoms at home with over-the-counter-drugs should do so, regardless of whether they have a cold, the flu, or COVID-19.
 - If, however, difficulty breathing and lethargy develops, or symptoms were better and then got worse, call your healthcare provider or urgent care center ahead so they can prepare to take care of them.

- People should only call 911 or go to an emergency department if they believe that they are extremely sick or their life is in imminent danger. Other emergencies are still occurring, and emergency resources must be available to address all of them, not just COVID-19.

If you would like to read the county directive in its entirety, you can access it [here](#).

It is not the time to panic, but it is the time to be smart about coronavirus, so we can mitigate the spread. Together, we can make strides to #flattenthecurve and keep our community healthy and safe.

Sincerely,

Cyrus Abhar
City Manager