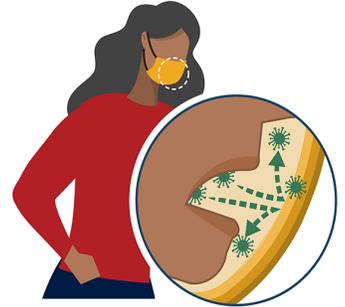


Use Your Face Covering

Face Coverings Protect the Community

Your face covering protects others and their face covering protects you.

We all need to use a facemask:
even outside and during social gatherings!

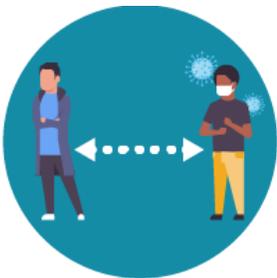


Face Coverings are Required

Face Coverings are **mandatory** in Sacramento County. Face coverings are an added measure to help protect your health and recommended by the CDC and the State of California. If you do not use one, you put others at risk.

If you are around others who are not using one they are putting you and your loved ones at risk.

Face Coverings are not a Substitute for Social Distancing



Using a face covering does not mean you don't need to social distance. You can also spread COVID-19 even if you don't have symptoms.

Use a face covering AND keep a 6 foot distance from others!



Do your part.
Always use a face covering
when outside of the home.
Stay home if you can.



Limit Social Gatherings

Spending time with family and friends is important.
But COVID-19 is a threat to all of us - **including you and your family.**
Now, it's spreading in our **community.**
A well-intentioned visit or social gathering could **threaten your loved ones' life!**
Remember, **you can spread COVID-19** even without showing any symptoms!

For the sake of your family, LIMIT SOCIAL GATHERINGS TO ONLY THE MOST ESSENTIAL.

Limit social gatherings like:

- Parties
- Cook-outs
- Family reunions
- Group fishing trips
- Religious ceremonies
- Graduation Parties
- Birthday celebrations
- House visits
- Going out with friends
- Visiting friends or relatives

If you get COVID-19 that means that you need to isolate (stay home and away from other people) for 14 days. Even those that live with you need to quarantine for 14 days in case they have it as well.

This means that if you have COVID-19, everyone in your household can't work, gather, go out, see friends, visit family, or do anything.

Getting COVID-19 impacts more than just you - it impacts your family and everyone you live with.

